

A STUDY OF ACADEMIC STRESS IN UNDERGRADUATE STUDENTS OF WORKING AND NON- WORKING MOTHERS

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ABSTRACT

Academic stress in undergraduate students of working and non-working mothers have been studied. The descriptive research method was used, sample size was 200 undergraduate students of working and 200 students of non-working mothers studying in Lucknow District. Academic stress scale of Kamble S.V. (2015) was used and dimensions such as Personal inadequacy, interaction with peers and teachers, fear of examination, an inadequate facility at college, parental expectation and SES were used for deriving results. The mean, S.D., C.R. value has been used for data analysis. Results found were, the levels of academic stress of undergraduate students of working mothers are higher than the undergraduate students of non-working mothers, the difference between students of working and non-working mothers are considerable, regarding academic stress.

KEYWORDS: *Academic Stress, Undergraduate Students of Working Mothers, Undergraduate Students of Non-Working Mothers*